



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
December 2011			Bios on other page		1 Store/Office Open 12-2 Angel Circle 6:15pm	2 Store/Office Open 12-2	3
4 Sunday Vortex 4pm: Healing Sound Meditation	5	6 Store/Office 12-2 Evening w/ Darius 6pm	7 Store/Office Open 12-2	8 Store/Office Open 12-2 Angel Circle 6:15pm	9 Store/Office Open 12-2	10	
11 Sunday Vortex 4pm: "Downloading Spirit"	12	13 Store/Office 12-2 ** Shift Happens 6pm	14 Store/Office Open 12-2	15 Store/Office Open 12-2 Angel Circle 6:15pm	16 Store/Office Open 12-2	17	
18 Winter Solstice Celebration, 4pm (Sunday Vortex)	19	20 Store/Office Open 12-2	21 Store/Office Open 12-2	22 Store/Office 12-2 Angel Circle 6:15pm	23 Store/Office Open 12-2	24	
25 <u>NO</u> Vortex (Closed) Merry Christmas!	26	27 Store/Office Open 12-2 ** Shift Happens 6pm	28 Store/Office Open 12-2	29 Store/Office 12-2 Angel Circle 6:15pm	30 Store/Office Open 12-2	31	

MORE! →

The Changing Faces of Our Children

with Kathryn Brewer, MFT, LEP

Do you know a young person who is struggling with fitting in with school or peers or even family, yet they are also wise beyond their years and incredibly intelligent or gifted?

They are the new generation who are here to challenge us and to teach us. Come hear more about these kids and what to do to make life more successful for everyone.

MORNING: Personal preparation to enhance grounding, self-awareness, expansion & shift of perception. Information about differences & similarities of various labels such as Indigo, Crystal, etc. Suggestions regarding needs of all highly sensitive children

AFTERNOON: More specific information about characteristics and how they impact school, home, etc. Experiences with modalities found to assist children and adults to be more successful, and to enhance their gifts (HeartMath, brainwave training, essential oils, more)

November 12: Full Day \$80 [\$68] Morning only: \$35

Ongoing Events

Register online at www.QuietStar.com or call us!

[Early registration discount] applies to most workshops

Angel Circle (Christopher Dilts) Join the growing circle of people who are getting personal, practical help from the Angels. You can attend one or more; reservations please! 534-9287 or www.AskAnAngel.org. \$20/meeting or \$85 for 6

An Evening with Darius Linda Mora and Darius, spiritual master teacher and guide, offer insights into the Awareness of You, which focuses on being Human in a Spiritual World.

First Tuesday of each month, 6-7:30pm, free-will offering.

****Shift Happens** (Elaina Geltner) Advanced Students. Deepen your connection to spirit; navigate these powerful times with grace and love. Pre-req: HigherSelf I. Info: elaina@quietstar.com.

QuietStar is a perfume-free environment! *Many workshops have early registration discounts, 14 days in advance. We appreciate the courtesy of your pre-registration for all events. [indicates EARLY price] Call 783-2662 or use link at QuietStar.com

The Sunday Vortex

Gather with us to create a vortex of healing energy, love and fun! 4pm, by donation. Reservations appreciated (online or by calling us).

1st Sunday: Healing Sound and Meditation Circle.

Cutting-edge transformational energies and techniques. Gather healing energy for ourselves and the planet. Facilitated by the QuietStar Band and Healing Team. Open to everyone! By donation. Followed by Community Potluck.

2nd Sunday: Downloading Spirit: Quips, Quotes & Insights for the Journey (Linda Mora and Darius).

A fun, en-lightening time to connect with all we are.

www.dariusconnection.org.

3rd & 4th Sundays: The Web of Light and the New Paradigm

Connecting the points of light around the planet as we move into the New Paradigm of co-creation and Soul Path Alignment. Guest speakers, films, music, travel, vision, leadership, art, service.

Dec 18th: Winter Solstice Ceremony and Celebration. Bask in the Love of the Season. Celebrate the return of the Light. Appropriate for some children.

Nov. 20: NO VORTEX: Interfaith Thanksgiving Service at SLO Christian Science Church (info below)

Nov. 27 CLOSED for Thanksgiving Holiday

Dec 25 CLOSED for Christmas Holiday

InterFaith Thanksgiving Service

Sunday, November 20, 3pm.

Christian Science Church

1123 Garden Street, SLO

Every year, QuietStar joins with the San Luis Obispo Ministerial Association for an interfaith service to celebrate gratitude and the one-ness of all spiritual traditions.

There is music, love and fellowship for all!

We will be collecting donations of cash and non-perishable food to benefit local organizations that assist others.

Appropriate for children, too!
More info at www.sloministers.org.

QuietStar Center for Transformation, San Luis Obispo

Create the Life of Your Dreams!

Workshops ♦ Coaching ♦ Community Circles ♦ BookStore



MORE!!

Practitioners, Teachers & Facilitators

Rev. Elaina Geltner Soul Path Alignment™, Sound and Energy Healing. 25 years experience assisting people to create the lives they've always dreamed of. Mentor for healers and bodyworkers and a channel for healing energy. Co-Founder of QuietStar.

Bob Nanninga LomiLomi Hawaiian Temple Bodywork, Certified Bowen Therapist with 20 years experience in the healing arts. Didgeeridoo instruction. Co-Founder of QuietStar SLO and our Healing Team.

Rev. Yvonne Roza Facilitates harmony of the Mind-Body-Spirit connection through Harmonic Attunement, Lightbody Integration, Spiritual Counseling. Classes, Individual sessions, Founding member of Healing Team. Weddings, too!

Robin Klickstein The Reconnection & Reconnective Healing® Practitioner, Intuitive, Visionary Artist, QuietStar Bookkeeper, Healing Team and much more.

Kathryn Brewer MFT Educational Psychologist, Energy Psychology. Works with all young people & their adults to assist in harmonizing relationships with family, school, peers, & self; specializes with those sometimes called the "new humans".

Mary Hiestand, ANGEL THERAPY PRACTITIONER® (certified by Doreen Virtue PhD) channels messages from angelic realm, sharing their wisdom, love, and assistance for your life's path. Angel Readings, Reiki, and Chakra Clearing with the Angel Harp.

Anita Henry CMS-CHT teaches others how to use hypnosis to unlock the creative transformational power of the subconscious mind, remove blocks, achieve goals and create a more satisfying life. BlissBorn Birth Educator. Past Life regressions.

Ron Bryant Shamanic & Luminous Energy Field Healing, Ceremony Facilitation, Aura Photography.

Christopher Dilts Angel Intuitive and Healer who has been helping people learn to connect with their Angels for over 15 years.

Linda Mora and Darius facilitate Spiritual Living seminars and private gatherings, offering insight to all who are journeying on a path of discovery and spiritual knowledge.

Laura Lee Waldorf Certified Bonnie Prudden Myotherapist, committed to providing her clients sessions and training for "learning to live pain free."

McKenna Rodriguez QuietStar Healing Team Intern, Store Volunteer. She has taught fifth grade, is certified in Reiki, and has been exploring her unique talents and gifts all her life.

Margaret Camuso, PhD Educator and counselor, specializing in alternative psych, archetypal pattern analysis & dream interpretation.

Kathy Wensloff Certified Raw Foods Chef & Massage Therapist.

Dale Becherer Nationally & State Certified Massage Therapist, Reiki Master & Teacher - Swedish, Deep Tissue/Sports/Trigger Point Therapy, Four Hand/Tandem Massage, Reiki, Energy Healing.

Wendy Hiller Nationally and California State Certified Massage Therapist, Reiki Master and Teacher, Emotional Release Therapist.

Our Mind-Body-Spirit Bookstore

Sip tea, listen to all those cd's you've been wondering about, explore your curiosities, indulge your passions. Sample essential oils, check out the Mind-Body Healing Section (books and CD's). Maybe a book will even "fall off the shelf" and you will know that's just what you need right now. Come find out what's waiting for you. Also: crystals, energy medicine, local art, jewelry, art cards, unique gifts, kids' corner. You can also shop in our online store at www.QuietStar.com

Store is Open:

- ♦ Tuesday through Friday 12-2
- ♦ During Events ♦ Sunday Vortex
- ♦ And by Appointment

New to QuietStar? Wonder where to Start?

1. Come by and visit us for a tour!

Bookstore and Front Desk hours: Tues-Fri 12-2, before events and classes and by appointment! Call us at 805-783-2662 to plan your visit.

2. Make an appointment with one of our Practitioners!

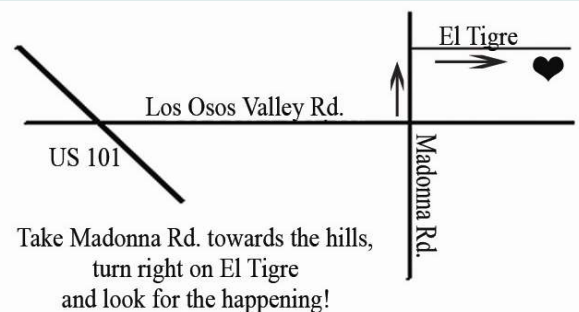
3. Take a class or workshop!

Outside Our Area?

Shop online or schedule a Phone session. Phone sessions available with Elaina, Robin and Yvonne. See online scheduling and search phone sessions, energy healing and Soul Path Alignment™.

Still not sure where to start?

Our Founder, Elaina Geltner, offers a complimentary phone consultation to help you find your way through all the possibilities at QuietStar. Schedule online by choosing telephone appointment, then "New to QuietStar" and you're in! Note the instructions on your email receipt.



Take Madonna Rd. towards the hills, turn right on El Tigre and look for the happening!

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 a 501(c)3 nonprofit
 Like us! [Facebook.com/QuietStar](https://www.facebook.com/QuietStar)

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27 <u>NO</u> Vortex Holiday Weekend	28	29 Store/Office 12-2	30 Store/Office Open 12-2			Event descriptions on other page