

Knee Deep in Shift! A very different kind of class!

With Narayana and the Spirit of QuietStar (*Italics indicate transmission sent thru Elaina*)
Assisted by Senior Members of the Healing Team; co-ordinated by Elaina Geltner
Ongoing class for advanced students.

Ignite your innate talents and abilities in service to the planet at this critical time, whether through your service as a teacher or practitioner, your relationships with loved ones, or simply your relationship with yourself.

In order to navigate the waters of the portal of Transformation that is now open, the Spirit of QuietStar invites you to participate in this experiential, training, deepening class. Open to advanced/intermediate students who have completed the Higher Self 1 course and are looking for MORE! It will be a small group, with lots of opportunities for individual attention and “practice”. Because of the changing nature of the energies, each class meeting will be attuned to those attending that time.

You will have an opportunity to learn, practice or hone, all of these “skills” and apply to your own personal growth and/or to your QuietStar Practitioner Certification:

- **Hands-on Healing**
- **Chakra Balancing**
- **Deep Meditation/Journeying**
- *Group Process*
- *Channeling*
- *Leadership for the shift to 2012*
- *Surrender and Healthy Boundaries*
- *The Alchemy of Trust & Synchronicity*
- *Healthy Boundaries*
- *Applying the Law of Attraction in alignment with Divine Will/The Highest Good of All.*

Note: Any “LightWork” will be chosen according to each person’s needs/desires! You don’t have to do any if you don’t want to!

Schedule: We have designed the time(s) with the intention to accommodate different schedules and needs.

Tuesdays. 1-4pm and/or 6-9 pm. Take all 12 or buy a 6-class card and come to **ANY 6 meetings** you want in the current series.

12 classes: \$416 (save a bunch!) 6 class card: \$240

Dates and Registration online: after following this link, use the “next week” arrows to get to the class you want to come to:

<http://clients.mindbodyonline.com/ws.asp?studioid=2354&styp=-7>

(if you are confused, get stuck or want US to register you, contact Elaina or Robin!
805-783-2662, Robin@QuietStar.com, Elaina@QuietStar.com)