

# Higher Self-Spirit Guides Class

Facilitated by Elaina Geltner



- Develop your intuition
- Meet your Spirit Guides
- Explore healing energies
- Learn to distinguish between internal chatter and guidance
- Build a community of support for living a spiritual life

January 30, February 6 & 20, 2010

Meets 3 Saturdays: 10:30-5:30

Cost: \$285, which includes a ½ hour private session.  
Pre-registration required ~ Early reg discount 14 days in advance  
Register at [www.QuietStar.com](http://www.QuietStar.com) or call us at 783-2662.  
QuietStar Center is a perfume-free environment.

*"This course gave me the tools to live a life that is more centered and more connected... Now I have more effective choices about how I live my life as a writer, as a parent, as a writer, as a teacher." Lisa Temoshok*



Elaina Geltner is an intuitive counselor, hands-on healer, ordained minister and massage therapist. She has been assisting people on the spiritual path for over 25 years, working with Spirit Guides to create more love, harmony and connection among humans and with the spirit world. The Higher Self-Spirit Guides Course has been taught in Hawaii and California for 19 years, and is the foundation for advanced classes in energy healing, vibrational healing and channeling. Elaina is the co-founder and co-director of QuietStar Center for Transformation and developer of Soul Path Alignment™. To reach her, call 805.783.2662 or [Elaina@QuietStar.com](mailto:Elaina@QuietStar.com).

QuietStar Center for Transformation

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