



THE CHANGING FACES OF OUR CHILDREN

with Kathryn Brewer, MFT, LEP

Saturday, May 15, 2010

An Interactive Workshop

10:00 to 12:00 AM and 1:00 to 4:00 PM

QuietStar Center for Transformation, San Luis Obispo

Do you have, or know of, a young person who is struggling with fitting in with school or peers or even family, yet they are also wise beyond their years and incredibly intelligent or gifted? Do they zing you every time you act unconsciously or quote the “party line” without thinking? They are the new generation who are here to challenge us and to teach us and who desperately need us to stretch to be all we can be. Come hear more about these kids and ideas of what to do to make life more successful for everyone. Experiences will include:

MORNING:

- Personal preparation to enhance grounding, self-awareness, expansion & shift of perception
- Information about differences & similarities of various labels such as Indigo, Crystal, etc.
- Suggestions regarding needs of all highly sensitive children

AFTERNOON: (Must have taken the Morning session or Indigo workshop 4/09):

- More specific information about characteristics and how they impact school, home, etc.
- Experiences with modalities found to assist children *and adults* to be more successful in typical settings, and to enhance their gifts, such as HeartMath, brainwave training, oils, etc.

Cost: Morning \$35; Afternoon \$45; Full Day \$76

15% early registration discount by 5/1, Pre-Register by 5/11

*QuietStar is a perfume-free environment!

Kathryn has had three decades' experience as a School and Educational Psychologist and Marriage and Family Therapist. Her own healing journey has led her through many training programs in intuitive healing, energy psychology and the integration of science and spirituality. Her primary focus is with children and teens, especially those sometimes called the “new humans.” **For more info**, contact Kathryn at (805)550-2625.

To register: www.QuietStar.com/workshops.htm for all the options, including credit card payment. Or call the office number below.

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QuietStar Center for Transformation (805) 783-2662 www.QuietStar.com/NewKids.htm
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