

# BreakThru to Your Heart's Desire!

A Soul Path Alignment™ Workshop Intensive August 22-24  
The Extended BreakThru to Your Heart's Desire Course (Optional) Sept 08 – Feb 09

Is it time to really have the life you dream of? This is an intensive weekend workshop in exploring your Soul Path, tools for manifestation, and the possible ways that you are blocking it!

**Retreat Weekend:** Friday, August 22, 2008, 6-9pm  
Saturday, August 23, 10am to 8 pm.  
Sunday, August 24, 10 am to 4 pm.

Investment of \$425 includes: All workshop teachings, ½ hour private follow-up session with Elaina, CD of workshop processes and essential oil to take home, live-vegan lunches Saturday and Sunday, snacks and tea.

You will need to provide lodging, other meals. Saturday evening you will meet with your small group over dinner, so please keep that time free!!

I highly recommend that you treat this as a retreat, freeing your time and attention for the whole weekend, so you can get the most out of this dynamic experience.

We will explore:

- Tools for transformations: vibrational/energetic, sound, movement, journaling, art processes, guided meditations, essential oils, the inner committee, etc.
- The tools you ALREADY have inside you to create just what you want
- The role of the ego in this process: finding the balance between my will and divine will.
- Allowing yourself to really dream again.

You will create an inner sanctuary of imagination and manifestation to create your ideal life!

Because this workshop builds on the principles of QuietStar's HigherSelf-Spirit Guides course, it is a pre-requisite.

I am very excited to be teaching this for the first time in 4 years! We always find ourselves pleasantly surprised by what we learn and co-create.

If you have any questions about this being for you, just contact me, and we'll chat about it. And remember, the sooner you register, the sooner the workshop starts for you!!!

**The Extended BreakThru to Your Heart's Desire Course: (Optional)** In this course, you will apply the principles of the BreakThrough Workshop to your daily life, clarifying your Soul Path while using the group support to BreakThrough the barriers that you experience, to success on all levels! The extended course will meet twice/month for 6 months; in person or a tele-class, depending on the needs of the participants. Fee: \$600(or \$100 month) includes two classes and ½ hour private session with Elaina **each month** (September thru February) and workbook. Payment plans available.

I hope you can join me in this exciting adventure! Love and Light, Elaina Geltner

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